

Dads Helping Dads

A 6-week Parenting Boot Camp for Single Fathers



Topics We'll Cover Include:

- ❖ *Work & Childcare – How to balance the most important things*
- ❖ *Nuts & Bolts – Meals, naps, bedtime, tantrums, setting limits*
- ❖ *Staying Sane – Managing time, asking for help, avoiding burnout*
- ❖ *Talking to Your Kids – How to handle the tough topics (divorce, death etc.)*
- ❖ *Handling Others – Exes, in-laws, lawyers and strangers at the park*

MEETING TIME: *Wednesdays 7:00 – 8:30 PM*

DATES: *May 2 – June 6, 2018 (6 weeks)*

LOCATION: *The Claret Center, 5536 S. Everett, Chicago*

COST: *\$150 (\$120 if paid before April 18, 2018)*

FACILITATOR: *Bill Harrison, psychotherapist & single dad*

Contact Bill at 773-718-4706 or counselorbill1@gmail.com

*www.claretcenter.org
www.billharrisontherapy.com*